



ABOUT TEETH WHITENING



Teeth whitening is a cosmetic dental procedure that lightens the color of teeth, removing stains and discoloration for a brighter smile. It can be done professionally by a dentist or with at-home products like whitening strips, gels, or trays.

TEETH WHITENING

Having a beautiful smile may be even easier than you think. Many people achieve the look they've been dreaming of with our simple "bleaching" procedure.

What are the details IN OFFICE teeth whitening?

We offer in office professional teeth whitening which provides up to 4 shades lighter in one office visit. This is the most convenient option available for our patients. One 50 minute appointment with our office can give you the whiter, brighter smile you are looking for. This is a safe, quick, and inexpensive option to provide a whiter confident smile.

Dental bleaching can be used to correct tooth discoloration. Discolorations can be caused by staining, aging, or chemical damage to teeth. Using the latest in bleaching technology, we can offer a safe method for creating a beautiful "brilliant" smile. In cases of extreme tooth discoloration, crowns or veneers may be the only choice, but because of the low cost of bleaching treatments, bleaching is nearly always worth a solid try.

What are the details of AT HOME teeth whitening?

It's safe, quick, and inexpensive. Just let us know at any appointment if you would like to whiten your teeth. You can lighten only your upper teeth or both the upper and lower, depending on how much you show when you talk and smile.

In only a day or two your custom bleach splints will be ready for you to pick up. We provide you with a special bleaching agent that you put into the clear splints. With only a few hours of wear per day, our special bleaching agent bubbles stains right out of your enamel in a very short time without altering tooth structure or existing dental work in any way. When your teeth reach the desired brightness, only occasional treatment is needed to maintain your new smile. We'll want to take "after" photos at your next appointment.

Key Benefits of Teeth Whitening

- Corrects brown, yellow and spotted tooth staining
- Works on people of any age
- Is a near-permanent solution for a "dull" smile, restoring brightness and brings out confidence

For very severely stained teeth, [crowns](#) or [porcelain veneers](#) may be more appropriate.

Considerations for Teeth Whitening

Over-the-counter bleaching agents are available for purchase at drug stores and pharmacies.

Teeth Sensitivity can occur for individuals with thin enamel, receding gums, cracks and teeth grinders. Stop using the product if it causes sensitivity and contact us.

For more information about Teeth Whitening or to schedule a consultation with [Dr. Sri](#) call our office in Roseville, CA at [Roseville Smiles - Dr. Sri Phone Number 916-781-3737](#) or [Request an Appointment Online](#).